



BORP is headquartered in Berkeley, California. We are the leading provider & promoter of adaptive sports and recreation opportunities for children and adults with physical disabilities in the greater San Francisco Bay Area. At BORP, we believe that sports and recreation provide a path to greater achievement to which all people should have access, and we continually strive to make this a reality.



The Bay Area Outreach and Recreation Program (BORP) is a 501(c)3 non-profit organization working to improve the health, independence and social integration of people with physical disabilities through sports, fitness and recreation programs.

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Adaptive Cycling Program



BORP:
Bay Area Outreach & Recreation Program
www.borp.org

ADAPTIVE CYCLING PROGRAM

Cycling for All

BORP's Adaptive Cycling Program provides youth and adults with physical disabilities the opportunity to experience cycling and exercise regularly on our fleet of over 65 adaptive cycles. Our fleet includes handcycles, recumbent foot trikes, tandems, and therapeutic trikes. With the support of our knowledgeable staff and dedicated volunteers, adaptive cyclists of all levels and abilities ride on local Bay Area biking trails independently or on group training rides. Friends and family members are welcome to join and some cycles are designed so that parents and friends can assist the riders with braking, steering, and pedaling.



BORP Cycling Center

The Adaptive Cycling Center is open year-round and is located in Berkeley's Aquatic Park. Cycles are available on a first come-first served basis. Beginning riders must ride with trained volunteers or with family and friends. Once trained, participants can use our cycles independently or with other participants on over 40 miles of bike trails right from our Center. Youth under 18 must always ride with a parent or guardian, or on a group ride. **Appointments are not necessary, but first time participants are encouraged to contact the Cycling Center before their first ride with us.**

Tandem Rides

Cyclists who are blind or have visual impairments can ride with trained tandem pilots. Visually impaired riders pedal as stokers in back of their sighted pilots up front. Monthly group rides and opportunities for individual training as a pilot are offered.

Group Youth Rides

Group youth rides are escorted by trained BORP volunteers and parents. Riders on youth rides must be enrolled in a BORP program, and be willing and able to follow directions independently. Youth rides are social and casual exercise rides.

Cycling Fees

Program fees help us cover the cost of equipment and repairs. Scholarships are available for low-income participants and our fees are reasonable and still far below the cost of any other bike rental program or gym membership.

- Youth under 18: **FREE!**
- Adults: One-time ride fee: **\$20**
- Adult Annual Pass: **\$100**
- Adult Six Month Pass: **\$50**
- (special rides may require extra fees)*



BORP Adaptive Cycling Program

(510) 848-2930

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**BORP Adaptive Cycling Center
80 Bolivar Drive, Berkeley, CA**

