

Get Fit Get Moving 2014 Frequently Asked Questions:

I'm not sure I can do any of these activities with my disability. How will I know if I can participate?

Most disabled people who came last year were surprised at how much they could do! If you're unsure, just come and observe, and maybe try something out if you want. It will be a fun day even if you just people-watch. If you have medical questions, you'll need to contact your own doctor. Fair coordinators and staff cannot answer any medical questions.

Is Ed Roberts Campus accessible?

Ed Roberts Campus is a fully accessible space.

Are there any costs?

Everything at the fair is free, including light refreshments. You can find out when you get there about fees for classes, but most activities are generally very inexpensive.

What should I bring to the fair?

Bring a water bottle, a towel (in case of sweat), and your lunch.

Is transportation provided by the fair?

No, the fair does not provide transportation. You must get there on your own steam. The fair is right at the Ashby BART station.

Is there food provided?

Light refreshments will be served. If you plan to stay at the fair for the day you may want to bring your lunch. A limited number of sandwiches will be available for purchase at the café.

Where can I park?

The BART parking lot adjacent to the building has free parking on Saturdays. Please be mindful that there is 2 hour street parking which is enforced on Saturdays.

Do you provide attendants?

No, but you are welcome to bring your own attendants.

Will there be ASL interpreters?

Yes, ASL interpreters will be available at the fair.

Who can I contact if I have additional questions?

Please contact India Harville, BORP Fitness Studio Coordinator, via email at india@borp.org