

2017/18
JULY 2017 - JUNE 2018
ANNUAL REPORT



Bay Area Outreach & Recreation Program

ADAPTIVE SPORTS AND RECREATION



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This annual report developed through a service grant from the Taproot Foundation.

Photography: Rick Smith 1; Trooper Johnson 5, 14; Quinn Benson-Yates 8; Greg Milano 11; Misako Akimoto 10; all other images by Scot Goodman Photography.

Thanks to BORP, Ben is developing skills, confidence, and independence that he will carry with him throughout his life."

Angel Thornton, mother of BORP youth athlete, Ben Thornton





# Board of Directors

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# A Salute to BORP Volunteers

I like to say, "BORP transforms lives through the power of sports and recreation!" But really, I should be saying, "BORP transforms lives through the power of sports, recreation AND volunteers!" In all our programs, from team sports, adventures & outings, to fitness, cycling, or rowing, it is the power of volunteers that enables us to provide the depth and quality of programming that BORP is known for.

At our adaptive cycling center, **volunteers** maintain BORP's fleet of adaptive cycles and support riders; on all of our adventure & outings trips **volunteers** facilitate accessibility, enabling participants to have new and wondrous outdoor experiences; on the goalball, wheelchair basketball and power soccer courts, **volunteers** coach, officiate, and supply refreshments and snacks; at the Revolution Ride and Festival, over 100 **volunteers** serve food, provide massages, direct cyclists, and together make the REV a magical event year in and year out.

So in this annual report, I salute all of BORP's volunteers for making BORP a place where people are accepted and empowered while having the time of their lives.

John Ormsby, BORD Board President





BORP has given me my active life back. I cannot overstate how important it's been to my physical, mental, and social well being."

> -Anonymous comment from the 2017 BORP Participant Survey







# Play. Adventure. Family.

These simple ideas are at the heart of everything BORP does. We believe that without each of them, people can't learn and grow. Participants come back to BORP again and again to play and have fun. And all the while they are gaining independence, selfconfidence, strength, fitness, and building a community of lifelong friends they meet while engaging in BORP activities.

Each day at BORP is a new adventure, challenging and enabling participants to push their percieved limitations and explore beyond their comfort zones to discover strength and ability that they may not have known they had.

From adaptive cycling to adventures and outings, the BORP experience goes beyond the activities to allow participants of all ages to have fun, while growing and learning within a supportive and welcoming community. Most describe this as being like a family—The BORP Family.

Within this environment, BORP participants and their loved ones flourish. That is the magic of BORP.





The first time I went to wheelchair basketball, I was suddenly in a room full of kids who were like me. I realized I wasn't the only disabled kid on the planet. It changed my life."

Christi Levine, former BORP youth athlete

# From BORP 2017 participant surveys

93%	of youth participants report increased confidence and self-esteem	88%	of all participants report an increased sense of well-being
88%	of youth participants report improved decision-making and goal-setting	80%	of all participants report increased social connections and supportive relationships
<b>79%</b>	of youth participants report increased leadership skills	<b>76</b> %	of all participants report increased frequency of exercise

# Youth Sports



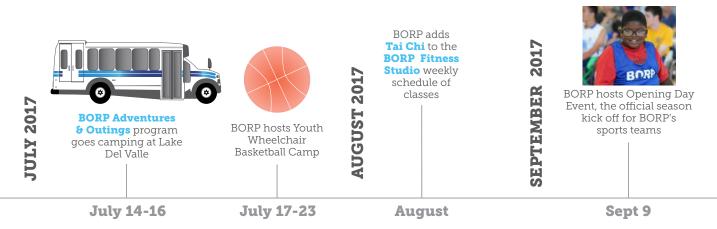
# **Trooper Johnson**, Youth Sports Coordinator

As a four-time Paralympian in wheelchair basketball, the second paraplegic to scale Yosemite's 3,000-foot granite monolith, El Capitan, and a member of the NWBA Hall of Fame, Trooper Johnson knew a thing or two about the hard work it takes to excel when he began working at BORP in 2008. But he also knew that sports were more than just an avenue for competition, especially for young people.

"The benefits of youth sports go well beyond the playing surface," he says. "Participating in sports builds self-confidence, increases independence, creates community, teaches leadership skills and responsibility, and allows kids to learn how to prepare for something and face adversity."

For Trooper, it's about more than winning. "It's great to win, but I don't focus on the scoreboard as much as I do on the effort an athlete gives during the game. Are they working as hard as they can? Are they trying to make their teammates better? Are they fulfilling their individual responsibility on the court? If the kids are doing these things, then they are having a great game and the score will take care of itself."

## **July 2017-June 2018**









## Sled Hockey

BORP created the only ongoing Sled Hockey Program in Northern California, bringing this fast-paced, physical sport to kids as young as five who have disabilities. One of the BORP Sharks, Garnett Silver-Hall, was recently invited to participate in the USA Hockey Development Program for Sled Hockey, a program used to identify potential future Paralympic athletes.

## **Power Soccer**

Youth who join BORP's Power Soccer Program play alongside adults, giving them access to competitive sport and to teammates and coaches who also use power chairs. Adults players become role models for the kids, passing along not only skills related to the game, but also life lessons that come from personal experience with a disability.

#### Wheelchair Basketball

From a drop-in recreational program to the varsity team (the Jr. Road Warriors), BORP's youth wheelchair basketball program provides kids with physical disabilities the opportunity to play and compete at the highest level possible. But the lasting impact of the program can be found in the friendships solidified, the sportsmanship forged, and the self-confidence gained.



## Track and Field

Ella Rodriguez is a BORP youth althlete and also competes for her middle school track team. In 2017, BORP partnered with Stanford's Motion Lab to help promising athletes like Ella. Through instruction in technique and video analysis that helped identify the limitations of her prosthesis and make modifications, Stanford's Motion Lab and BORP worked with Ella to help improve sport specific movements. When she competed in the 2017 Desert Challenge, one of the longest running and largest Paralympic sport track & field competitions in the United States, Ella set three personal records, won gold medals in shot put and javelin, and won a silver medal in discus. With the support of BORP, Ella plans to continue competing on her school's track and field team.



OCTOBER

The BORP community supports victims of the Northern California fires with donations of needed supplies



**CAL Goalball** welcomes students and staff from the California School for the Blind

**Oct 30** 

**BORP** hosts Power Soccer Tournament at James Kenny Rec Center in Berkeley

**DECEMBER 2017** 

**BORP** hosts the Goalball **Invitational XXIII** 

Sept 21 October Nov 11-12

Dec 9

# Adult Sports



# Tony Lai, Wheelchair Basketball Volunteer Coach

For as long as Tony can remember, basketball has been his passion. From a young age, he loved being on the court, made friends, and built a community through the sport.

Tony's life changed during his junior year of high school when he was paralyzed in a car accident. He went on to graduate and moved to Berkeley to attend Cal, but he missed playing basketball. After college, Tony reached out to Jonathan Newman at BORP and attended his first wheelchair basketball practice.

Tony soon discovered that, just like before his accident, he would find lifelong friends on the basketball court. At BORP, Tony met other people with disabilities, bonding quickly over shared experiences and building friendships based on similar passions, challenges, and successes.

Today, Tony volunteers as BORP's adult wheel-chair basketball coach and is happy to be in a position where he can introduce others to the sport and community that he loves. "BORP has been a big part of my life and a big reason why I can be doing the things I am doing today (nevermind all the fun I've had along the way)," he says. "I'm just glad I'm finally in the position to be able to give back."

## July 2017-June 2018





The New Year marks 30 years of power soccer, goalball, and wheelchair basketball led by Jonathan Newman at BORP!



BORP **Jr. Road Warriors** travel
to play in Fresno
Wheelchair Basketball
Tournament



The BORP Poker Slam raises over \$10K for BORP's Power Soccer Program

**FEBRUARY 2018** 



BORP hosts the Western Regional Wheelchair Basketball Tournament at Stanford University



BORP hosts the

15th Annual BORP

Hoops Classic

**January** 

Jan 13

Feb 24

March 3-4

March 24-25







#### **Power Soccer**

In 1988, BORP started the first Power Soccer program in the country. In the years since, hundreds of people who use power chairs have discovered a love of the sport. BORP players and coaches have won two world cups and everyone has benefited from a community that feels more like a family.

#### Goalball

Goalball is an indoor team sport for people with visual impairments. BORP's players, ranging from first-timers to Paralympic medal winners, meet every Wednesday night to play. Practice is punctuated by helpful encouragement, fast-paced play, and lots of laughter that usually extends to dinner at a nearby pizza joint after the gym closes.

## Wheelchair Basketball

BORP's wheelchair basketball program provides a competitive environment where everyone and anyone is welcome to get in a basketball chair, push hard, and play ball. Through the sport, bonds are formed and strengthened, and players gain skills and fitness, while everyone has fun on the court.

As a blind person, I had done wrestling and marathons, but had never had the opportunity to play a team sport until I came to Goalball at BORP. Goalball allowed me to reconnect with my community, and my team is like a family. I've been playing for fifteen years now and I loved every minute of it."

Victor Hakopian, BORP participant





BORP's youth Sled Hockey team, **The Sharks**, win 2nd place at the 2018 National Special Needs Hockey Festival in Chicago



CAL/BORP Goalball
Team compete at
a tournament in
Portland, OR



BORP hosts Power Soccer Tournmant at James Kenny Rec Center in Berkeley



BORP organizes and manages the cycling event at the 2018 Valor Games



Jonathan Newman and Lamille Perry are inducted into the **BORP Hall** 



BORP's **Crushers** and **Shockers** compete in the National Power Soccer Tournament in Indianapolis

**April 11-15** 

April 20-22

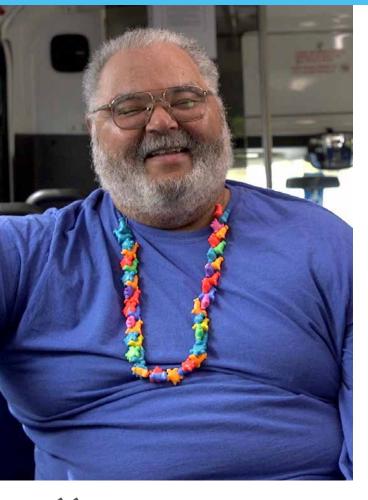
May 19-20

June 4

June 14

**June 16-18** 

# Adventures 8 Outings



# Joe Melancon, Adventures & Outings Driver and Participant

Joe Melancon has made it his life's mission to increase access to the outdoors. Understanding the impact that outdoor experiences can have on the lives of individuals, Joe found avenues to expose young people to the outdoors as an educator and scout master.

When Joe began working at BORP as a bus driver, spending weekends exploring California's hiking trails with BORP's Adventures & Outings program, he found that his passion and experience aligned perfectly with BORP's

mission. "All my outdoor experience came into play at BORP and I thoroughly enjoyed taking people to the outdoors and helping to foster their love of the environment, adventure, and having fun," he says. In sharing his experience and knowledge, Joe enhances every trip he takes with BORP. Whether driving a group to Hearst Castle through 95 miles of heavy coastal fog or describing the environment

to participants with visual impairments, Joe's love of adventure has facilitated many opportunities for folks to get outside and do something new.

I have been coming to the Adventures & Outings program for almost 18 years and learned that there are a lot of different places to go to in the Bay Area. But without BORP I wouldn't be able to get to any of them."

Anonymous Comment from BORP's 2017 Participant Survey



## **BORP Transportation, by the Numbers**

number of miles driven by the BORP buses in 2017 number of trips taken by the BORP buses in 2017 number of times the bus wheelchair lifts were used

# Access Northern California



In 2017, BORP joined forces with Access Northern California (ANC), bringing a wealth of information and resources about accessible travel and outdoor adventures in Northern California under the BORP umbrella. ANC was founded in 1997 by Bonnie Lewkowicz, a former BORP staff person and ongoing supporter, collaborator, and participant. ANC's vision, for people with disabilities to have the freedom to participate in universally accessible travel and recreation, naturally aligns with BORP's mission and dovetails with our Adventures & Outings program.

Recently, BORP and ANC launched a unique website (accessnca.org) that provides detailed accessibility information for parks and trails, wheelchair accessible alternative lodging, and adapted outdoor recreation programs. The content covers Northern California and will hopefully act as a catalyst for other regions to develop similar websites because people with disabilities desire adventure and have the right to enjoy the outdoors just like everyone else.

Fitness Studio

BORP's Fitness Studio at the Ed Roberts Campus provides exercise, dance, and yoga classes for people of all abilities. Instructors customize their classes to enable everyone to fully participate. As a result, each year more than 200 people benefit from increased mobility, flexibility, fitness, and wellness.



# Adaptive Cycling Center



The compassionate and devoted staff at BORP have worked hard to help me use their adaptive cycles and to adjust them for best performance and fit for my use. It's wonderful to get outdoors along the bay and keep up my exercise through the cycling program!"

> Anonymous comment from the 2017 BORP Participant Survey

BORP's Adaptive Cycling Center is one of the largest in the country and is BORP's most popular program. With a fleet of more than 75 cycles that includes hand cycles, threewheelers, recumbent cycles, tandems, and more, the center has enabled thousands of new riders to get out on the road.

The center has become a place where participants can train for longer rides—like BORP's Revolution Ride-or simply enjoy riding along the scenic Bay Trail with friends, family members, and other BORP riders. Greg Milano, the cycling center's manager, brings years of experience with adaptive sports and a lifetime of fixing bikes to his work at BORP. He is quick to find adjustments that make cycling a possibility for just about anyone.



# The Centre for Neuro Skills

# A Perfect Partnership

For three years, BORP Cycling and the Centre for Neuro Skills (CNS) in Emeryville, CA have worked together in a partnership that serves the missions of both organizations. CNS, a residential rehabilitation program for people with traumatic brain injuries, spinal cord injuries, and strokes, brings clients to ride at the BORP Cycling Center.

"Bicycling outdoors allows patients to feel a sense of community involvement through social reintegration and inducing a mindset of belonging and being able to see their progress in a practical setting," says CNS therapist, Albert Santa Cruz.

After his therapy program at CNS ended, Ray Ydoyaga continued coming to ride at BORP. With each ride he gained strength, balance and mobility. But for Ray cycling was about more than just exercise. It helped him return to an activity he didn't think he would get to enjoy after his accident. "I was a daily cyclist, so now post-accident, being able to do something physical again that I love has given me a lot of hope for the future," he explained.



# **Programs for Veterans**

BORP serves over 125 veterans each year through partnerships with the San Francisco, Martinez, and Palo Alto VA's and at The Valor Games and other events. The Valor Games is an annual four-day multisport competition organized by Far West Wheelchair Athletic Association and hosted by the US Coast Guard. BORP organizes the cycling competition every year, providing veteran athletes with the training and equipment needed to race for gold.





The Revolution Ride and Festival is BORP's largest annual fundraising event. In 2017, more than 350 people of all ages and abilities raised over \$217,000 in support of BORP's programs. On the day of the REV, they came together to celebrate BORP and its programs by riding through miles of Sonoma's farms and vineyards, laughing with friends and family, getting postride massages, and enjoying wine and a gourmet lunch n California's glorious wine country. The event brings the entire BORP community together and is a powerful reminder of why BORP does the work it does: simply because of the smiles it puts on so many faces.

On Revolution Day I feel like I'm a 5-year-old kid and it's Christmas morning."

Beth Smith, BORP Participant and REV rider





The Barefoot Quales, a family bluegrass band based in Alameda, performed at the 2017 Revolution.

Our company supports BORP because of its powerful impact on the lives of its participants. BORP really makes a difference for people with disabilities."

Ken Lewis, Waste Management, Revolution sponsor





# Behind the Scenes

# The Staff

Rick Smith Executive Director

Betsy Dorsett

Development and

Communications Manager

Chris Finn Power Soccer Coach

Lori Gray Adventures & Outings Program Coordinator

Trooper Johnson
Youth Sports Programs
Coordinator

Bonnie Lewkowicz Director, Access Northern California

Greg Milano Cycling Program Coordinator

Joe Melancon Bus Driver

Jonathan Newman Adult Sports Programs Coordinator

Nicolas Priario Bus Driver

Rachel Tavistock Office Assistant

Sarah-Dawn Smith Transportation Coordinator

Ariel Smith-Iyer Cycling Center Assistant

Julie Yates Administrative Director



# We're Stronger Together

2017-18 was another remarkable year for BORP. While implementing our regular programs, we also broke new ground:

- We strengthened our partnership with Oakland Public Schools to introduce more kids to BORP's youth programs.
- Partnering with the Berkeley Rowing Club, Disability Sports USA, and Oakland Strokes, we launched an adaptive rowing program.
- Adaptive climbing became a regular feature of our Adventures & Outings program thanks to a partnership with Berkeley Ironworks.
- With support from the San Jose Sharks Foundation and the Always Dream Foundation, we sent our sled hockey team to the National Hockey Tournament.
- Access Northern California (ANC), formerly a separate nonprofit, became a core BORP program.
- 150+ volunteers donated their time to make our programs and our fundraiser, the Revolution, a huge success.
- With encouragement from a major Bay Area foundation and support from ELS Architecture +Design, we began exploring the feasibility of developing a BORP Adaptive Sports & Recreation Facility.

Partnerships and collaborations make great things happen, allowing BORP to create services and accomplish outcomes that would not otherwise be possible. Thank you to all our partners, donors, and volunteers!

Rick Smith, Executive Director

"The staff is incredible - so kind and encouraging. We would not be able to cycle as a family without BORP."

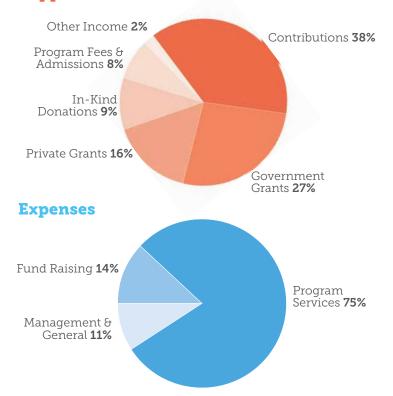
Anonymous Comment, 2017 BORP Participant Survey



# Financial Position

With the help of generous donors, partners, and volunteers, we are able to provide the program success, governance, and leadership needed to change lives through sports and recreation.

#### Support & Revenue



#### **Support and Revenue**

Contributions	\$345,795
Government Grants	\$253,246
Private Grants	\$150,105
In-Kind Donations	\$91,431
Program Fees & Admissions	\$75,719
Other Income	\$20,518

#### **Total Support and Revenue** \$936,814

Note: Other income includes reimbursed expenses, sales and interest.

#### **Expenses**

ervices \$84	4,328
nt & General \$12	4,394
ng \$15	5,542
	,

#### \$1,124,264 **Total Expenses**

## 

#### **Net Assets**

Change in net assets	\$(187,451)
Net Assets, beginning of year	\$1,178,831
Net Assets, end of year	\$991,380

# 2017-18 Major Supporters

# Thank you!

Everything BORP has in the future is the result of thousands of people making support of our work. We pledge to continue this work and look forward to the many friends, volunteers, and donors our programs possible. Contributions are always www.borp.org/donate.

> **SPONSORS** Apple West Home Medical Supply AvalonBay Communities Balanced Image Congregation Beth El Dandi Investments Deputy Sheriff's Association of Santa Clara, Co. Fidelity Insurance Service Inc. Freemont Freewheelers Bicycle Racing Club Gilroy Police Officer's Assn. Inc Golden State Warriors Invacare Kaiser Permanente McGuire & Hester Foundation **MobilityWorks** Montclair Elementary School PTA National Seating & Mobility, Inc. Northwest General Engineering Oakcare Medical Group Paragon Machine Works, Inc Sandbox & Stuff Spectrum: Autism at CAL Sue Johnson Custom Lamps & Shades Sutter Bay Hospitals Telecom Pioneers

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Commission

Transportation

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Tencue Productions, Inc.

# The Judy Fosdick Oliphant Legacy Society

Gifts to the Judy Fosdick Oliphant Legacy Society move us toward our goals of developing our own gym facility and expanding our programming to serve a growing number of participants. Individuals can make gifts and join the Society by putting BORP in their wills, trusts or other estate plans. For more information contact, Rick Smith at rick@borp.org or call 510-225-7030.

Thomas Donovan Fiona Doyle Robert Dubow Maria & Richard Dykstra Jon Eager & Nancy Klehr Bradley Edgar Janice Eldred & Peter Szutu Elaine Ellis Capt. David Ely, USCG Joan Emery Engineered Lifestyles, Inc. David English Rebekah Fabel-Murtha Daryl Fahey Hayley Fairbanks Family Tree Farms Daniel Fernandez & Donna Nagahisa Andrea Finn Kirsten Fitzgerald David Fitzgerald Folio Fine Wine Partners Fowler Packing Company, Inc Michael Franks Linda Frazee S. Robert Frazee, Jr. Clifford Frost Julie Fuller Susan Fuller Cliff Gardner Louis Gatto Robin Keller & Mark Geliebter Ann Gershanov Dorene Giacopini & Steve Wilson Maureen Gilhooly Louis Ginise Barbara & Alan Goldenberg Danielle Gonzalez Sally Goodman Gail Gordon Robert Grahamjones Pamela Gray Sharan Ikeda & Andrew Greenwood Annette & Martin Greiner Matthew Grigorieff Grizzly Peak Cyclists, Inc. Paul Gross Paula Haerr Robert R. Haining Lisa Halperin & David Austin Timothy Harmon Jason Harris Marlan Harrison Stephen Harvey Courtney Haslett Stacia Hatfield Gerald & Becky Hayes Yolanda Irigon & Michael Heathman Richard Heckmann Cindv & Garv

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Bay Area Outreach & Recreation Program



3075 Adeline Street, Suite 200, Berkeley, CA 94703-2578 Office phone: (510) 849-4663

Fax: (510) 849-4616

Every Saturday, these kids push into a gym where they are among their second family that doesn't pity or make excuses, doesn't bully or tease; in those hours they play their hearts out and solidify their ties.

Loren and Carla Bohnett, parents of youth player, James Bohnett

Words cannot articulate my gratitude for Adventures & Outings. The bond and spiritual connection that we participants feel toward each other and the world is a treasure trove of experience.

Aydan Asoy, "ardent adventurist"

Everyone here is like a family to me. They're all so nice, understanding, and patient. They all also have the same level of passion for our sport, and we push each other to be better.

BORP Participant, 2017 Participant Evaluation