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Photos of last year's REVs are <u>viewable here</u> and <u>available for download here</u>. All photo credits: Scot Goodman

BORP Adaptive Sports and Recreation's 22nd Annual Revolution Ride, Roll & Stroll Brings Together Cyclists of All Abilities

Riders on all manner of wheeled conveyances will raise funds for the Bay Area's oldest and largest provider of adaptive sports and recreation.

May 1, 2024 — (Berkeley, CA) Should you be wondering how to celebrate Mother's Day this year, you could do a whole lot worse than join the BORP crowd in Santa Rosa for the Revolution Ride, Roll & Stroll (the REV). This unique cycling fundraiser is a fun day for everyone and supports life-changing programs for Bay Area athletes with physical disabilities and visual impairments.

The REV takes place in Santa Rosa, starting and ending at the Hyatt in the historic district. Revolution Ride participants include everyone from experienced cyclists to casual riders looking to tackle a new challenge, as well as those who just want to take a leisurely ride through the beautiful countryside (especially lovely this spring after all the rain!). Riders choose from a 45-mile course, a 30-mile course or a 10-mile Roll & Stroll along the lovely Santa Rosa Creek Trail. At the REV, handcycles, tandem bikes, trikes, and standard bicycles will ride alongside each other—all riders, those with disabilities and those without, united in their belief that sports and recreation should be accessible to all

"This event is such a wonderful expression of BORP values," says executive director Emily Seelenfreund. "Many charity rides are events to raise money for a cause. This ride IS the cause. Everyone needs access to physical activity and outdoor recreation and that's what BORP does—and has been doing for nearly 50 years!"

After the ride, everyone gathers back at the Hyatt for food and drinks, lawn games, live music, and free massages for riders.

To ride in the Revolution, participants 18 years and older agree to raise \$400 and pay a registration fee of \$50. Youth participants 8 years and older must raise \$225 and pay a registration fee of \$25. All donations are 100% tax-deductible as allowed by law and support BORP's year-round adaptive sports and recreation programs.

For more information, to register to ride in the Revolution, or to make a donation, visit: www.borp.org/the-revolution

ABOUT BORP

BORP's mission is to improve the health, independence and social integration of children, youth and adults with physical disabilities and visual impairments through sports, fitness and recreation programs. BORP was built and is sustained by people with disabilities and enjoys robust volunteer and community support. It is the only organization in the San Francisco Bay Area that provides comprehensive recreation programming for people with disabilities.

BORP's programs include: 1) Fitness programming five days a week, including virtual classes; 2) adult and youth team sports including wheelchair basketball, power soccer, goalball, quad rugby and sled hockey; 3) adaptive cycling and adaptive kayaking at our Cycling Center on Berkeley's waterfront, contiguous with the East Bay's extensive network of bike trails; 4) Adventures & Outings programming, which offers trips to trails, parks and festivals, adaptive climbing, and overnight camping; 5) the Access Northern California website (www.accessnca.org), which provides detailed access information about regional park hiking trails and other recreational destinations; and 6) our transportation program, which provides free wheelchair-accessible paratransit to our programs and other area organizations serving the community.

For more information, visit <u>www.borp.org</u>

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