

Sea Trek Alameda

1120 Ballena Blvd Ste 200, Alameda, CA 94501

<https://www.seatrek.com/>

Thanks to the generosity of the California Coastal Commission and the Whale Tail Grants Program, BORP Adaptive Sports & Recreation is proud to share resources that help paddlers with disabilities plan accessible kayaking adventures.

[Photos](#)

Overview

This location is a popular spot for kayakers and stand-up paddleboarders (SUP) in Alameda. The Sea Trek staff have some familiarity working with people with disabilities and were happy to provide whatever support we requested.

Facilities (as of October 2025)

Path of Travel and Access:

The primary bathrooms at this location are farther away and are not accessible; however, upon request, Sea Trek will provide a key to nearby accessible marina bathrooms. The headquarters, while compact, are accessible, and staff can roll out personal flotation devices (PFDs). There are changing rooms, but no changing tables.

There is a significant vertical drop between the Sea Trek headquarters and their dock. There is a treaded ramp with rails, but it is very steep, and if someone is using a wheelchair, it should be used only with spotters and extreme caution. There is an easier and recommended route: from Sea Trek, it is a relatively short walk along a flat, paved path to the neighboring Safe Harbor Ballena Isle Restaurant. Behind the restaurant is a public access ramp with a much gentler grade, which connects to the same Sea Trek dock. This is the preferred route for many people with mobility impairments. (See map photo.)

The dock surface is made of interlocking square panels with raised corner connectors. The material has some give while remaining firm, and the panels are not fully flat, with slightly rounded centers. Overall, the surface feels somewhat like very large cobblestones. That said, participants using both power and manual

wheelchairs found the dock generally navigable, despite the surface texture. (See photos.)

The kayak slips are openings in the dock itself. With sufficient support (such as transfer chairs and staff stabilizing the boats), many participants were able to self-transfer. For those who needed additional support, Sea Trek allowed participants to transfer into the boats while on the dock, after which staff slid the boats into the water with the paddlers inside.

Water Conditions and Traffic:

Water conditions are generally favorable. From the dock, paddlers enter the marina, which can have some boat traffic but is typically calm. From there, paddlers can enter the bay near Crown Beach, where conditions may include swells depending on weather and tides.

Parking:

There is ample parking at Sea Trek in Alameda, including multiple accessible parking spaces. The path between parking and the Sea Trek headquarters is fully paved and flat.

Restrooms:

The bathrooms Sea Trek typically offers participants, are difficult to access and not accessible. However, upon request, Sea Trek will provide a key to the nearby marina bathrooms, which are gendered, close to the dock, and accessible.

Summary

- You do not own your own boat and would like to rent.
- You prefer to have a guided experience.
- You're interested in a shorter paddle day with calmer water and possible views of San Francisco.
- You have a sense of what you need to paddle safely and can self-advocate.